

DAY 1 - WED JUNE 26 2024

| TIME | TOPICS | READINGS |
|------------------|--|---|
| 8:00 - 8:30 AM | Opening Remarks, Introductions | |
| 8:30 - 9:45 AM | <p>Traditional Islamically Integrated Psychotherapy:</p> <p>Review & Overview of the Model</p> <p>Case Illustration</p> <p><i>Dr. Fahad Khan</i></p> <p><i>Sena Aycan</i></p> | <p>Khan, F., Aycan, S., & Keshavarzi, F. (2023). Clinical applications of Traditional Islamically-Integrated Psychotherapy (TIIP)</p> <p>Model: Case of a Turkish female. In Haque, A. & Rothman, A. (Eds.) Clinical Applications of Islamic Psychology. International Association of Islamic Psychology.</p> |
| 9:45 - 11:00 AM | <p>Ethical Considerations and Dilemmas in Integrating Islam and Mental Health Professional Practice</p> <p>Case Illustration</p> <p><i>Dr. Khalid Elzamzamy</i></p> | <p>Elzamzamy, K., & Keshavarzi, H. (2019). Navigating ethical dilemmas in mental health practice between professional ethics and Islamic values. <i>Journal of Islamic Faith and Practice</i>, 2(1), 40-71.</p> |
| 11:00 - 11:45 AM | Lunch Break | |
| 11:45 - 1:15 PM | <p>Role of Mental Illness in Islamic Law:</p> <p>Clinical Considerations</p> <p><i>Dr. Khalid Elzamzamy</i></p> | <p>Ali, B., & Keshavarzi, H. (2017). Forensic psychiatry/psychology in Islamic law. In <i>Oxford encyclopedia of Islamic bioethics</i>. Oxford University Press.</p> |
| 1:15 PM | Dhuhr | |

DAY 2 - THU JUNE 27 2024

| TIME | TOPICS | READINGS |
|------------------|---|--|
| 8:00 - 10:00 AM | <p>Advanced Process Experiential Modalities of Intervention</p> <p>Chairwork, Trilectal Constructivism, Review of Core Emotions and Emotion Needs</p> <p>Utilization of Emotion-Focused Interventions for Facilitation, Emotional Regulation, and Transformation</p> <p><i>Dr. Hooman Keshavarzi</i></p> | <p>Keshavarzi, H., Khan, F., Ali, B., & Awaad, R. (Eds.) (2020). <i>Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy</i>. Routledge.</p> <p><i>Chapter 7: Emotionally Oriented Psychotherapy</i></p> |
| 10:00 - 11:00 AM | <p>Advanced Chairwork Demonstrations</p> <p><i>Dr. Hooman Keshavarzi</i></p> | |
| 11:00 - 11:45 AM | Lunch Break | |
| 11:45 - 1:15 PM | <p>To Medicate or Not to Medicate: Clinical and Islamic Considerations</p> <p><i>Dr. Khalid Elzamzamy</i></p> | |
| 1:15 PM | Dhuhr | |

DAY 3 - FRI JUNE 28 2024

| TIME | TOPICS | READINGS |
|------------------|--|---|
| 8:00 - 10:00 AM | <p>Advanced Cognitively Oriented Psychotherapy</p> <p>Case Vignettes ,Role Play, Cognitive Restructuring and Acceptance Therapy Utilizing Islamic Concepts and Schemas.</p> <p><i>Heba El-Hadad</i></p> | <p>Keshavarzi, H., Khan, F., Ali, B., & Awaad, R. (Eds.) (2020). Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy. Routledge.</p> <p><i>Chapter 8: The Use of the Intellect (Aql) as a Cognitive Restructuring Tool in an Islamic Psychotherapy</i></p> |
| 10:00 - 11:00 AM | <p>Cognitive Roleplay/Demonstrations</p> <p><i>Dr. Fahad Khan</i></p> <p><i>Sena Ayca</i></p> | |
| 11:00 - 11:45 AM | Lunch Break | |
| 11:45 - 1:15 PM | <p>Introducing Traditional Islamic Interventions of Virtues</p> <p><i>Dr.Hooman Keshavarzi</i></p> | |
| 1:15 PM | Jummuah | |

DAY 4 - SAT JUNE 29 2024

| TIME | TOPICS | READINGS |
|------------------|--|--|
| 8:00 - 9:00 AM | <p>Advanced Behavioral Interventions</p> <p>Additions, Behavioral Modification and Reformation.</p> <p>Religious Manifestations/Considerations</p> <p><i>Dr.Hooman Keshavarzi</i></p> | <p>Keshavarzi, H., Khan, F., Ali, B., & Awaad, R. (Eds.) (2020). Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy. Routledge.</p> <p><i>Chapter 9: Behavioral (Nafsani) Psychotherapy: Character Development and Reformation</i></p> <p>Keshavarzi, H., Khan, F., & Syed, B. (2020). Islamically integrated treatment of Obsessive-Compulsive Disorder Scrupulosity (Waswasa) in Muslim Patients. In Tinaz, N., Ayten, A., Zengin, M., & Eksi, H. (Eds.) Spiritual Counseling and Care in Health and Prison Services: Diverse Experiences & Practices, Istanbul: Ensar Publishing.</p> |
| 9:00 - 10:00 AM | <p>Usage of the TIIP Waswasa Workbook for Treatment</p> <p>Case Example: Manifestations of OCD Scrupulosity/ Waswasa in Muslim Populations</p> <p><i>Dr.Khalid Elzamzamy</i></p> | <p>Keshavarzi, H., Elzamzamy, K, Harfi, S., Khan, F. & Kaban, B. (2022). Overcoming your OCD Scrupulosity (Waswasa): A TIIP manual. London: Claritas Publishing.</p> |
| 10:00 - 11:00 AM | Case Presentations | |
| | <i>Dr. Fahad Khan</i> | |
| 11:00 - 11:45 AM | Lunch Break | |
| 11:45 - 1:15 PM | Case Presentations | |
| | <i>Dr. Fahad Khan</i> | |
| 1:15 PM | Dhuhr | |

DAY 5 - SUN JUNE 30 2024

| TIME | TOPICS | READINGS |
|------------------|---|---|
| 8:00 - 9:30 AM | <p>Advanced Spiritually Oriented Interventions:</p> <p>Spiritual Practices for Psychotherapy</p> <p>Spiritually Guided Scripts</p> <p>Bereavement & Coping with Loss</p> <p><i>Dr. Hooman Keshavarzi</i></p> | <p>Keshavarzi, H., Khan, F., Ali, B., & Awaad, R. (Eds.) (2020). Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy. Routledge.</p> <p><i>Chapter 10: Spiritually (Ruhani) Focused Psychotherapy</i></p> |
| 9:30 - 11:00 AM | <p>Case Presentations</p> <p><i>Dr. Fahad Khan</i></p> | |
| 11:00 - 11:45 AM | <p>Lunch Break</p> | |
| 11:45 - 1:00 PM | <p>TIIP Integrative Dreamwork</p> <p><i>Dr. Khalid Elzamzamy</i></p> | <p>Keshavarzi, H., Khan, F., Ali, B., & Awaad, R. (Eds.) (2020). Applying Islamic principles to clinical mental health care: Introducing Traditional Islamically Integrated Psychotherapy. Routledge.</p> <p><i>Chapter 6: Dreams and Their Role in Islamically Integrated Mental Health Practice</i></p> |
| 1:00 - 1:15 PM | <p>Feedback/Next Steps</p> | |
| 1:15 PM | <p>Dhuhr</p> | |